

**Troop 89 Medfield – Summer Bicycle Trip  
Nantucket, Massachusetts  
June 24-26, 2011**

**TRIP INFORMATION AND EQUIPMENT LIST**

**Signup & Cost:**

**Signup will be held at the regular Scout meeting on Thursday June 9.**

**Cost will be \$95/person, payable at the time of signup.** This covers meals Friday dinner through Sunday lunch, campground fees, transportation costs for bicycles and gear, and ferry passage. Scouts should bring their own bag lunch for Friday.

Trip participants should bring extra spending money for souvenirs or food/ice cream on the bike rides.

**Trip Description:**

We will visit the beautiful island of Nantucket, and stay at the BSA Nantucket District's Camp Richard. The Boy Scouts are lucky to have Camp Richard, the only place on Nantucket with any legal public camping.

The troop is pleased to invite family members of all Scouts to join us, parents and siblings, age 8 or above. Family members will eat with the adult leaders, and sleep in a designated "family" section of our campsite. We encourage families to bring their own tents, but if you need to borrow one, the troop will make it available. Please let us know when submitting your trip fee whether you need to use any camping gear from the troop.

We will arrive on the island Friday morning and set up camp. Then we will spend the weekend in bicycle rides, visiting the beach, and other summer activities. More information about Camp Richard can be found at <http://www.camprichard.org/>.  
<http://www.nantucketchamber.org/>.

Before coming on the trip, all Scouts must insure that their **bicycle is in good working order**, with tires properly inflated, gears shifting properly, etc.

**Logistics and Schedule:**

**Thursday June 23, 3:30 pm: Bring bicycles and personal gear to the Scout Shed.**

We will load the gear and bicycles onto the truck. There will not be room in cars leaving Friday morning for gear or bicycles. There will also be no access to the truck once it is

loaded on Thursday until we arrive at Nantucket on Friday. Grubmasters should bring all food, iced in coolers with frozen 1 gallon water jugs, for loading as well. Scouts will be expected to help with loading. Grubmasters and patrol leaders will load troop gear also. The truck will depart and meet us on Nantucket after crossing on an earlier ferry.

**Friday June 24, 7:45 am, Report to the Scout Shed for departure.** Do not be late, by 8:00 am we should be gone. Scouts should wear Class B uniform (Troop 89 T-shirt). We will drive to Hyannis as a group to arrive for the 11:00 am ferry to Nantucket. After arriving we will unload bicycles from the truck and ride to the campground. Anyone not wishing to bike can walk the short distance (1.5 miles). Directions to the campground will be provided.

Bring a bag lunch for Friday.

**Sunday June 26, 3:45 pm:** We will return on ferry from Nantucket to Hyannis, then arrive at Scout shed at 6:30 pm. Scouts will be dismissed for pickup after normal procedures for unloading and stowing gear.

### **Activities, Weather and Preparation:**

We will enjoy group bicycle trips around the island, varying by ability level, with stops for the beach and/or swimming depending on weather. We will organize rides of 2 or 3 different levels of difficulty. Know your biking ability!! Scouts seeking second class advancement will be able to complete the bike hike option requirement.

For those with mountain bikes there will be ride opportunities on dirt roads, back roads and perhaps some off road. For those with road bikes there will be plenty of riding on the island's scenic paved roads and paved bike paths.

Everyone should perform a pre-trip inspection of his or her equipment prior to arriving at the scout shed on Thursday. Look for bad tires, broken spokes, rusted or unaligned chains, bad seat adjustments, loose handlebars, etc. Have you outgrown your bicycle since last summer? Bring water bottles for use while biking and a backpack for your sack lunch or souvenirs.

**Bicycle helmets are absolutely required for adults as well as Scouts. No bicycles will be loaded without an accompanying helmet!!**

At the campground, there will be fun and games, opportunities for advancement (including an orienteering course), and the chance to relax over good meals with family and friends.

Be prepared for varying weather. It can be cool at night (as low as 40s), and hot in the daytime (as high as 90s), although averages are 60s-70s. It can also rain. Be prepared for any extreme. Bring sunscreen and insect repellent!!

### **Uniform note:**

Full Class A Scout uniforms are not required. Class B uniforms (the Troop 89 T-shirt) are required on Friday for safety and group identification on the ferry crossing.

### **Parental Approval:**

Form must be on file with the troop.

### **Equipment List and Packing:**

Being prepared is your responsibility and you should make sure YOU PACK all of the following suggested equipment, clothes and safety items for the trip. Please make sure to bring this newsletter and equipment list on the trip. It is important to be prepared for all possible weather conditions. We will do a quick inspection prior to departure to make sure everyone has the necessary equipment.

Following is the **Personal Equipment list:**

- \_\_\_ bicycle
- \_\_\_ helmet
- \_\_\_ patch kit or spare tube, bicycle tools
- \_\_\_ sleeping bag (summer weight)
- \_\_\_ sleeping pad
- \_\_\_ bicycle mount water bottle (1 liter minimum), extra water bottles
- \_\_\_ drinking cup
- \_\_\_ mess kit and utensils
- \_\_\_ flashlight with extra batteries
- \_\_\_ duffel bag or backpack
- \_\_\_ plastic trash bags
- \_\_\_ proper shoes for riding
- \_\_\_ sneakers
- \_\_\_ 3 pairs socks
- \_\_\_ 3 underwear
- \_\_\_ long pants
- \_\_\_ long sleeve shirt
- \_\_\_ 3 T-shirts (including wear Troop 89 T-shirt Friday)
- \_\_\_ Riding shorts
- \_\_\_ extra short pants
- \_\_\_ bathing suit
- \_\_\_ sweatshirt or lightweight jacket
- \_\_\_ raingear
- \_\_\_ pajama or other sleepwear (sweat suit)
- \_\_\_ beach towel
- \_\_\_ brush/comb
- \_\_\_ toothbrush and toothpaste
- \_\_\_ personal basic first aid kit

- \_\_\_ any personal medications needed
- \_\_\_ compass (optional)
- \_\_\_ sunscreen
- \_\_\_ insect repellent
- \_\_\_ spending money
- \_\_\_ Scout handbook (for advancement)
- \_\_\_ Sun hat or sunglasses
- \_\_\_ optional - frisbee, hacky-sack etc.

Do NOT bring personal electronics (cell phone, I-Pod, CD player, Palm Pilot, etc.).

**Questions:**

E-mail Mr. Lester at [tripcoordinator@troop89medfield.org](mailto:tripcoordinator@troop89medfield.org).

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