

TROOP 89 MT ABRAM SKI TRIP 2010
RECOMMENDED CLOTHING AND EQUIPMENT

WINTER JACKET	SWEATER/FLEECE
SNOW PANTS	BOOTS AND SNEAKERS
GLOVES/MITTENS	SWEAT SHIRT/PANTS
WINTER HAT	PANTS (REGULAR)
EAR COVERING	SHIRTS (REGULAR)
FACE COVERING	SOCKS (REGULAR)
GOGGLES (HIGHLY RECOMMENDED)	SLEEP WEAR
SKI HELMET (MANDATORY)	TOOTHBRUSH/PASTE
LONG UNDERWEAR	COMB/BRUSH
SOAP/SHAMPOO	TOWEL/WASHCLOTH
UNDERWEAR (REGULAR)	SLEEPING BAG
THERMAL SOCKS	PILLOW
SLEEPING PAD	

* BRING ENOUGH CLOTHING FOR THREE DAYS AND THREE NIGHTS *
* **BE PREPARED FOR COLD WEATHER** *

ADDITIONAL COST REMINDERS

- FRIDAY EVENING MEAL: \$5-\$10
- MISCELLANEOUS SPENDING MONEY: \$15-\$25

IMPORTANT INFORMATION

- WE LEAVE FROM THE SHAW'S PARKING LOT ON FRIDAY EVENING, FEBRUARY 12th, 2010 AT 6:00 PM. **BE AT SHAW'S BY 5:30 PM FRIDAY EVENING.**
- ARRIVAL HOME ON MONDAY FEB 15th IS BETWEEN 12:00 PM AND 9:00 PM, DEPENDING UPON DRIVER.
- ADULT PARTICIPANTS ARE EXPECTED TO TAKE "YOUTH PROTECTION TRAINING". THIS TRAINING CAN BE DONE ONLINE AT www.oldcolonycouncil.org. CLICK ON "ONLINE TRAINING" AND THEN SELECT "YOUTH PROTECTION – ACCREDITED" AND FOLLOW DIRECTIONS.

IMPORTANT PHONE NUMBERS

- AMERICAN LEGION HALL, LOCKE MILLS MAINE: **(207) 875-2375**
- MT. ABRAM SKI RESORT, LOCKE MILLS MAINE: **(207) 875-5000**

ANY QUESTIONS CAN BE DIRECTED TO TODD HONAN
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