

TROOP 89 MT ABRAM SKI TRIP 2009 RECOMMENDED CLOTHING AND EQUIPMENT

WINTER JACKET	GOGGLES (HIGHLY RECOMMENDED)
SWEATER/FLEECE	SLEEP WEAR
SNOW PANTS	SKI HELMET (MANDATORY)
BOOTS AND SNEAKERS	TOOTHBRUSH/PASTE
GLOVES/MITTENS	LONG UNDERWEAR
SWEAT SHIRT/PANTS	COMB/BRUSH
WINTER HAT	SOAP/SHAMPOO
PANTS (REGULAR)	TOWEL/WASHCLOTH
EAR COVERING SHIRTS (REGULAR)	UNDERWEAR (REGULAR)
FACE COVERING SOCKS (REGULAR)	SLEEPING BAG
	THERMAL SOCKS
	PILLOW
	SLEEPING PAD

* BRING ENOUGH CLOTHING FOR THREE DAYS AND THREE NIGHTS *
* **BE PREPARED FOR COLD WEATHER** *

ADDITIONAL COST REMINDERS

- SNOW TUBING: \$15 PER DAY
- FRIDAY EVENING MEAL: \$5-\$10
- MISCELLANEOUS SPENDING MONEY: \$15-\$25

IMPORTANT INFORMATION

- WE LEAVE FROM THE SHAW'S PARKING LOT ON FRIDAY EVENING FEB 13th AT 6:00 PM. **BE AT SHAW'S BY 5:30 PM FRIDAY EVENING.**
- ARRIVAL HOME ON MONDAY FEB 18th, 2008 IS BETWEEN 12:00 PM AND 9:00 PM, DEPENDING UPON DRIVER.
- ADULT PARTICIPANTS ARE EXPECTED TO TAKE "YOUTH PROTECTION TRAINING". THIS TRAINING CAN BE DONE ONLINE AT www.oldcolonycouncil.org. CLICK ON "ONLINE TRAINING" AND THEN SELECT "YOUTH PROTECTION – ACCREDITED" AND FOLLOW DIRECTIONS.

IMPORTANT PHONE NUMBERS

- AMERICAN LEGION HALL, LOCKE MILLS MAINE: (207) 875-2375
- MT. ABRAM SKI RESORT, LOCKE MILLS MAINE: (207) 875-5000

ANY OTHER QUESTIONS CAN BE DIRECTED TO TODD HONAN AT
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